

Position	Athlete #	Name	Club	M / F	Age	Time	
		5K Race 1 Result					
1	311	Graham Rush	Leeds City	Male	Sen	14.36	
2	332	Matthew Grieve	Leeds City	Male	Sen	14.52	
3	334	Chris Oddy	Serpentine	Male	Sen	14.58	
4	215	Cameron Reilly	Ilkley	Male	U20	15.05	
5	329	Callum Elson	Roundhay	Male	Sen	15.12	
6	312	Rob Scott	Richmond & Zetla	Male	Sen	15.14	
7	289	Ciaran Forde	Leeds City	Male	Sen	15.43	
8	331	Adam Stacey	Leeds City	Male	Sen	15.54	
9	315	Mark William Smith	Horsforth	Male	Sen	15.55	
10	229	John Hobbs	Valley Striders	Male	40	15.59	
11	284	Nicholas Dickinson	City of York	Male	Sen	16.07	
12	213	Harvey Norden	Rothwell	Male	U17	16.07	
13	282	Gregan Clarkson	Kingston Upon Hu	Male	Sen	16.11	
14	275	Steven Asquith	Gateshead	Male	Sen	16.14	
15	293	Matthew Hallam	Valley Striders	Male	Sen	16.16	
16	222	Simon Newton	Leeds City	Male	40	16.19	
17	292	Laurence Griffin	York Knavesmire	Male	Sen	16.26	
18	239	David Smithers	York Knavesmire	Male	45	16.30	
19	228	Phill Taylor	Bridlington	Male	40	16.34	
20	206	Joseph O'Brien	City of York	Male	U15	16.37	
21	308	Pete Pearson	York Knavesmire	Male	Sen	16.40	
22	333	Jonathan Stewart		Male	Sen	16.50	
23	16	Georgia Malir	Leeds City	Female	Sen	16.55	
24	290	Simon Fricke	York Knavesmire	Male	Sen	17.02	
25	291	Philip Graves	Knavesmire	Male	Sen	17.02	
26	207	Tommy Shaw	City of York	Male	U15	17.06	
27	288	Stuart Smith	Pocklington	Male	45	17.09	
28	317	Adam Stirk	Wharfedale	Male	Sen	17.12	
29	320	Josh Taylor	Bridlington Road	Male	Sen	17.12	
30	204	Daniel Linstrum	Wetherby	Male	U15	17.13	
31	1	Charlotte Mason	City of York	Female	Sen	17.14	
32	242	Lindsay Toulson	York Knavesmire	Male	45	17.16	
33	397	Andrew Henderson	BodyFit Cumbria	Male		17.24	
34	285	Nathan Doy	Pontefract	Male	Sen	17.24	
35	326	Tony Winward	Darlington	Male	Sen	17.26	
36	234	Richard Ginn	Pocklington	Male	45	17.28	
37	211	Harry Butterworth	Scarborough	Male	U17	17.29	
38	270	John Convery	Bingley	Male	55	17.30	
39	309	Richard Purser	York Knavesmire	Male	Sen	17.34	
40	238	Andrew Sloan	Tadcaster	Male	45	17.37	
41	324	John Wiley		Male	Sen	17.40	
42	318	Peter Swoboda	Rothwell	Male	Sen	17.42	
43	205	Gianluca Mastrotonardo	City of York	Male	U15	17.43	
44	254	Joseph Kwallah	Wetherby	Male	50	17.45	
45	200	Liam Davison	Ipswich Harriers	Male	U13	17.49	
46	214	Alex Wilson	Kingston Upon Hu	Male	U20	17.53	
47	2	Emma Ballantyne	City of York	Female	Sen	17.55	
48	3	Martha Calton-Seal	City Of York	Female	U17	17.57	

49	208	Louie Parker	Rothwell	Male	U15	17.59
50	224	Paul Richardson	Harrogate	Male	40	18.00

51	277	Ross Blackburn	Rothwell	Male	Sen	18.04
52	13	Rebecca Winter	Ackworth	Female	35	18.06
53	227	Joe Worthington	Ackworth	Male	40	18.08
54	223	Darren Noyland	York Knavesmire	Male	40	18.11
55	7	Nik Tarrega	York Knavesmire	Female	Sen	18.17
56	220	David Hughes	Ackworth	Male	40	18.22
57	257	Andrew Masterman	Goole Viking Strid	Male	50	18.25
58	300	Nils Linstrum	Wetherby	Male	Sen	18.30
59	286	Edward Dunn	City of York	Male	Sen	18.32
60	259	Jim Needham	Ackworth	Male	50	18.33
61	295	Toby Hone	York Knavesmire	Male	Sen	18.36
62	287	Simon Edwards-Barber	Ackworth	Male	Sen	18.37
63	11	Sarah Hunter	Ackworth	Female	Sen	18.45
64	328	Steven Worth	Pocklington	Male	Sen	18.49
65	322	Mark Thompson	York Postal	Male	Sen	18.53
66	250	Stephen Clarke	York Knavesmire	Male	50	18.59
67	302	Paul Mcgough	Rothwell	Male	Sen	19.00
68	305	Thomas Mortimer		Male	Sen	19.04
69	248	Danny Chan	York Knavesmire	Male	45	19.06
70	249	Andy Holladay	York Knavesmire	Male	50	19.15
71	278	Tom Boyle	York Postal	Male	Sen	19.19
72	294	Rory Henderson	York Knavesmire	Male	Sen	19.19
73	283	Tom Craven	York Acorn	Male	Sen	19.21
74	209	Louis Formhals	City of York	Male	U15	19.25
75	225	Mark Robinson	York Knavesmire	Male	40	19.27
76	319	Richard Tarrega	York Knavesmire	Male	Sen	19.31
77	281	Chad Bullivant	York Knavesmire	Male	Sen	19.32
78	22	Isobel Nicholls	Scarborough	Female	U15	19.34
79	243	Richard Wilkinson	Rothwell	Male	45	19.39
80	210	James Bray		Male	U17	19.39
81	252	Nick Griffin	York Knavesmire	Male	50	19.40
82	219	Scott Hayes	Tadcaster	Male	40	19.43
83	298	Michael Leadbetter		Male	Sen	19.45
84	4	Ella Eadon	City of York	Female	Sen	19.53
85	221	Jason Newman	York Knavesmire	Male	40	19.54
86	271	Neil Ibbotson	Methley Striders	Male	55	19.56
87	24	Jane Halloran	Skyrac	Female	45	20.01
88	27	Nicky Andrews	Wetherby	Female	Sen	20.02
89	256	Mark Leadbeater	Ackworth	Male	50	20.04
90	25	Elizabeth Mould	Tadcaster	Female	35	20.10
91	303	Tim Mckenzie		Male	Sen	20.12
92	307	James Palmer	City of York	Male	Sen	20.14
92	10	Clare Rowntree	York Knavesmire	Female	35	20.18
94	26	Hayley Newbound	Wakefield	Female	Sen	20.19
95	255	Simon Lawson	Harrogate	Male	50	20.22
96	306	Chris Murphy	York Knavesmire	Male	Sen	20.23
97	279	Alex Bradbury	Wetherby	Male	Sen	20.24
98	251	Tim Cowham	York Knavesmire	Male	50	20.25
99	203	William Bray		Male	U15	20.32
100	233	Davide Di Maio	Easingwold	Male	45	20.32

101	6	Ellie Page	York Knavesmire	Female	Sen	20.34
102	232	Andrew Baiden	Rothwell	Male	45	20.36
103	325	Alan Wilkinson	York Knavesmire	Male	Sen	20.37
104	253	Peter Hanson	City of York	Male	50	20.43
105	280	Nathan Briggs		Male	Sen	20.45
106	218	Andrew Clark	York Knavesmire	Male	40	20.51
107	299	Oliver Lees		Male	Sen	20.55
108	15	Rebecca Gray	Hyde Park	Female	Sen	20.58
109	327	Cameron Woods		Male	Sen	21.08
110	30	Shannon Robinson	Richmond & Zetla	Female	U13	21.09
111	236	Simon Howson	York Knavesmire	Male	45	21.09
112	230	Don Formhals	York Knavesmire	Male	45	21.13
113	269	Stephen Jobson	York Knavesmire	Male	55	21.13
114	212	James Hanson		Male	U17	21.16
115	268	Adrian Leach	Ackwoth	Male	50	21.16
116	5	Megan Ledden	City of York	Female	Sen	21.19
117	297	Mat Kelly	Rothwell	Male	Sen	21.19
118	19	Wendy Marks	Ripon	Female	50	21.26
119	301	Lee Lockwood	Selby Striders	Male	Sen	21.30
120	23	Hester Butterworth	Scarborough	Female	45	21.50
121	12	Emma Evans	Ackworth	Female	35	21.51
122	9	Louise Stringer	York Knavesmire	Female	35	21.54
123	8	Abbie Spence	York Knavesmire	Female	Sen	22.09
124	351	Paul R Lawrence	Ackworth	Male	40	23.19